



# Saskatchewan Brain Injury Association

## 2021 Annual Calendar of Events

Website: [www.sbia.ca](http://www.sbia.ca) | Phone: 1.888.373.1555

### Covid-19: An Update from Saskatchewan Brain Injury Association

At the Saskatchewan Brain Injury Association, the safety of our members, volunteers and staff is our first priority. While we are staying physically apart in accordance with the government instructions, we are connecting by phone and social media. Follow us on Facebook where we post news, inspiration and activity suggestions during this time of social isolation. Large gatherings, like Camp & Retreats, present several risks that could contribute to the spread of the virus and put our members, volunteers and staff in a vulnerable position. Majority of SBIA's regular programs are also cancelled until further notice. We will continue to monitor the situation closely and adapt our practices accordingly. We will, of course, keep you updated if there are any further changes.

EVENT/ACTIVITY	LOCATION	DATE
Weekly Regina Chapter Meeting	Wascana Rehab Centre	Temporarily Cancelled
Weekly Regina Chapter Drumming Group	Zoom Video Call	Tuesdays at 12:30 & 1:30
Weekly Regina Social Beans & SOAR	Zoom Video Call	Thursday from 6:30pm
Monthly Regina Caregivers Support Group	Wascana Rehab Centre, Rm#5	Temporarily Cancelled
Weekly Moose Jaw Walking Group	Yara Centre Field House	Temporarily Cancelled
Monthly Saskatoon Chapter Meeting (Sept-Apr)	Sherbrooke Community Centre	Temporarily Cancelled
Monthly Saskatoon ABI Supporters Group	Zoom Video Call	4 <sup>th</sup> Monday at 7:00pm
Weekly Saskatoon Chapter Walking Group (Sept-May)	Saskatoon Field House	Temporarily Cancelled
Weekly Saskatoon Social Beans Support Group	Zoom Video Call	Tuesdays 7:00pm
Monthly Prince Albert Chapter Meeting	TBA	Temporarily Cancelled
Weekly Yorkton Chapter	Zoom Video Call	Monthly
Weekly Kindersley Walking Group	West Central Event Centre Track	Temporarily Cancelled
<b>January - February</b>	<b>Winter Newsletter</b>	On Website or by Email
<b>March</b>	Brain HEALTH Awareness Month	National
	<b>BrainLove Campaign</b>	Provincial
	Brain Awareness Week	International
	<b>Spring Retreat</b>	Park Town Hotel, Saskatoon TBA
<b>April</b>	<b>Spring Newsletter</b>	On Website or by Email
<b>May</b>	Bicycle Safety Week	May 2021
<b>June</b>	Brain Injury Awareness Month	National
	<b>Survivor &amp; Family Camp</b>	Shekinah Retreat Centre TBA
<b>July</b>	<b>Summer Newsletter</b>	On Website or by Email
<b>August</b>	<b>Brain Boogie</b>	Across Saskatchewan August 2021
<b>September</b>	<b>Fall Newsletter</b>	On Website or by Email
<b>October</b>	<b>Fall Retreat</b>	TBA October 23-24, 2021
	<b>Annual General Meeting</b>	TBA October 23, 2021
<b>December</b>	Chapter Christmas Parties	Regina, Saskatoon, Moose Jaw, Prince Albert, Yorkton TBA