



Saskatchewan Brain Injury Association

Mailing Address: P.O. Box 3843 | Regina, SK | S4P 3R8

Suite 322 – 310 Main St. N | Moose Jaw, SK | S6H 3K1

230 Avenue R South, SPH Residence, C-Wing, Room 422 | Saskatoon, SK | S7M 2Z1

Phone: 1.888.373.1555 | Website: www.sbia.ca | Email: info_sbia@sasktel.net

Caregiver Resources

Canada

<http://www.braintrustcanada.com/programs-and-services/links-and-resources/>

- Education
- Prevention
- Family Sites

<http://arbi.ca/family-support>

- Gives downloads for stress, legal matters and how to support

<http://www.familycaregiversbc.ca/>

- Has education
- Not just for brain injuries

U.S.A.

http://www.brainline.org/landing_pages/Family.html

- Dr. Jeffrey Kreutzer is a specialist in family/caregiver matters
- Has Education
- Online videos
- Support Network
- Blogs

<https://www.caregiver.org/traumatic-brain-injury>

- Has education
- Online videos
- Support network

<http://www.biausa.org/brain-injury-family-caregivers.htm>

- Discusses immediate effects and long term
- Managing the new home environment and new stressors

<http://www.helpguide.org/articles/caregiving/caregiving-support-and-help.htm>

- Basic guide for new caregivers

<http://www.biausa.org/brain-injury-children.htm>

- Help for parents/guardians of kids with TBI
- preventative
- Is American
- Gives stats, symptoms and recovery

http://www.tbicomunity.org/resources/publications/Parenting_for_Adults_with_TBI_Manual.pdf

- For parents with TBI
- Tips and support

<http://cbirt.org/resources/educators/>

- For Educators with students who have TBI
- Lots of information on site
- Is American

Articles:

- Predictors of Caregiver and Family Functioning Following Traumatic Brain Injury: Social Support Moderates Caregiver Distress.
Authors: Ergh, Tanya C. MA; Rapport, Lisa J. PhD**; Coleman, Renee D. PhD†; Hanks, Robin A. PhD*
- Assessment of family needs following acquired brain injury in Saskatchewan
Authors: Heather M. Murray^a, George W. Maslany^a & Bonnie Jeffery
- Coping and stress in Canadian family caregivers of persons with traumatic brain injuries
Authors: Patricia Minnes, Steve Graffi, Mary Lou Nolte, Peter Carlson, Lynn Harrick