

Take BRAIN INJURY

Out of Play!



PLEDGE FORM for Players

I want to take brain injury out of my play.

- I will play safely and respect my friends, team mates and opponents when I play.
- I will check it out, rather than hide it or tough it out when I take a blow or fall.
- I will protect my brain with the right head gear, used the right way when I...
 - play hockey
 - play football
 - ride a bike
 - ride an atv
 - ride a snowmobile
 - ski or snowboard
 - use skateboards, inline skates, scooters
 - other

**RESPECT THE
UNEXPECTED!**

Studies show that when the right headgear is worn properly, brain injuries can be reduced by up to 88 per cent.

Name:

Date:



bhpbilliton
resourcing the future



Saskatchewan
Brain Injury
Association

Don't Risk Your Future! Protect Your Brain!

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