



**Saskatchewan  
Brain Injury  
Association**

# 50's Sock Hop



## SBIA Spring Retreat

SATURDAY March 23rd

TIME	TOPIC	PRESENTER	LOCATION
12 NOON	"Good Golly Miss Molly" Registration & Welcome Lunch from 12pm -1pm	Lunch Included	Cedar Room
1:15 p.m.	"Leader of the Pack" Neurotherapy based on QEEG and Neurofeedback	Dr. D'Arcy Helman	Cedar Room
2:15 p.m.	Short Break		
2:30 p.m.	"Earth Angel" A blend of traditional Physiotherapy with the holistic benefits of Medical Yoga Therapy	Linda, Saskatoon PhysioYoga	Cedar Room
3:30 p.m.	Short Break		
3:45 p.m.	"The Wanderer" Craft time & Free time	Volunteers	Cedar Room
3:45 p.m.	Mini Breakout session for Caregivers		Maple Room
5:15 p.m.	SUPPER	Included	Cedar Room
6:30 p.m.	"Doo Wop" Musical Entertainment	TBA	Cedar Room
7:15 p.m.	50's Sock Hop Party – Dance, Games & Prizes	Families Welcome	Cedar Room

SUNDAY March 24th



TIME	TOPIC	PRESENTER	LOCATION
9:00 a.m.	Coffee & Muffins for out of town guests & Room Check Out	Coffee Included	Cedar Room
10:00 a.m.	"Goodnight Sweetheart Goodnight" Sleep Therapy	Amanda Hudyé	Cedar Room
11:00 a.m.	FAREWELL BRUNCH	Included	Cedar Room
12:00 p.m.	Evaluations		Cedar Room
12:15 p.m.	Stories of Hope	New Beginnings	Cedar Room